SELF-GUIDED WALKING HOLIDAY · 6 DAYS

Premium Périgord

A Gourmet Journey

6 days · from £950

“Our most relaxed week: short walks, long lunches and the very best of Périgord food and wine.”

Cassie

A self-guided food and walking holiday in the Périgord Noir, and our most relaxed: made for people who love good food as much as good walking.

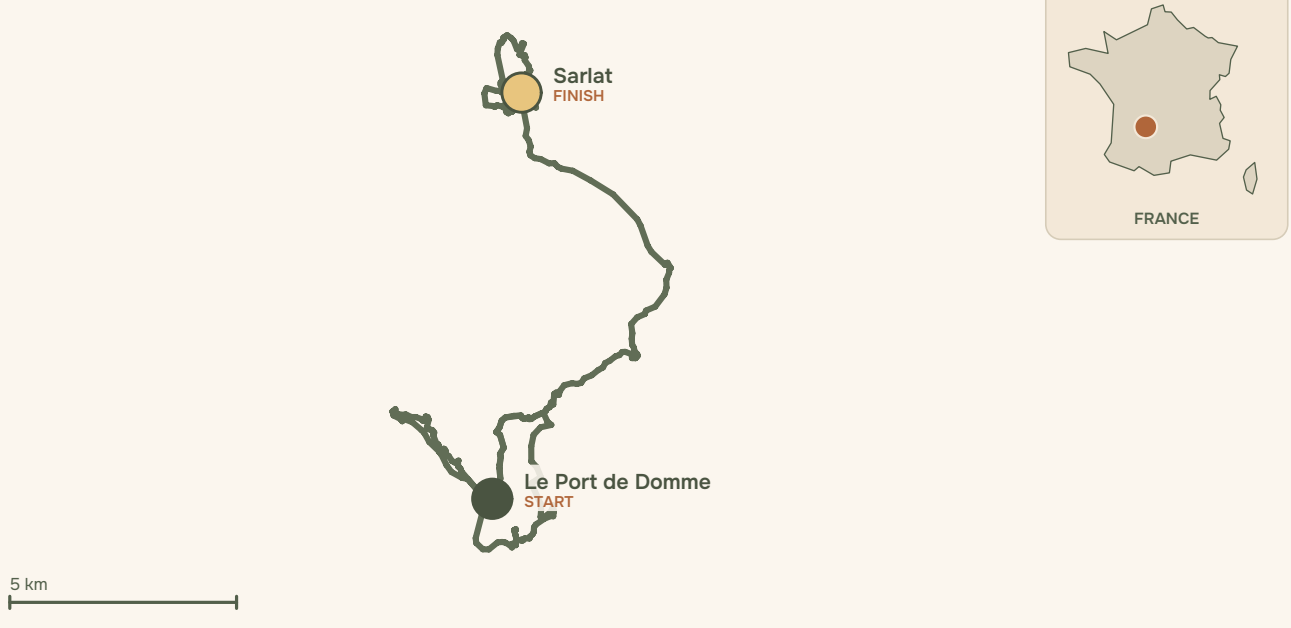
THE ESSENTIALS

Key facts

DURATION	6 days (5 nights)
WALKING EACH DAY	4.6–15.1 km (2.9–9.4 miles) A choice of routes on day 3
ACTIVITY LEVEL	Easy to moderate, with some short climbs on rocky paths
DAILY CLIMB	Up to 210 m (about 700 ft) Measured from our GPX tracks
START AND FINISH	Le Port de Domme to Sarlat
OWNED AND RUN BY	Cassie at Dordogne Experience
HOLIDAY STYLE	Self-guided, staying in just two hotels
SEASON AND START DAYS	April–October Start any day
HOTELS	3 nights at the 4-star Hôtel Le Périgord, 2 nights at a 3-star hotel in Sarlat
MEALS	5 breakfasts, 4 dinners, 1 lunch
LOCATION	The Dordogne, France

WHERE YOU'LL GO

The route



Drawn from our own GPX tracks. We email you these tracks as GPX files for your phone. Town positions © OpenStreetMap contributors.

Tip

Sarlat's Wednesday and Saturday markets are well worth a morning. Ask us and we'll help you time your start to catch one.

PER PERSON

2027 prices

	6 DAYS 5 nights	7 DAYS 6 nights	8 DAYS 7 nights
Per person, sharing a double or twin	**£950**	**£1,070**	**£1,190**
Single room supplement	+£210	+£250	+£290
Travelling solo (on top of the per-person price)	+£350	+£400	+£450

Prices are per person, sharing a double/twin room. The 6-day holiday (highlighted) is the one described here. The longer versions add extra nights along the route. We'll send the full day-by-day with your quote.

In US dollars	about US$1,260	about US$1,420	about US$1,580
In Canadian dollars	about C$1,790	about C$2,020	about C$2,250
In Australian dollars	about A$1,850	about A$2,080	about A$2,310
In New Zealand dollars	about NZ$2,270	about NZ$2,550	about NZ$2,840
In euros	about €1,140	about €1,280	about €1,420

Approximate amounts at the 12 November 2026 exchange rate. Prices are set in pounds, and you can pay in any currency you prefer.

WHY YOU'LL LOVE IT

What to expect

Our most relaxed and most indulgent holiday: six days of gentle walking in the Périgord Noir, built around the food and wine the region is famous for. You stay in just two hotels, starting with three nights at the 4-star Hôtel Le Périgord, so there's very little packing and plenty of time to enjoy yourselves.

Highlights

- Three nights at the 4-star Hôtel Le Périgord at Le Port de Domme, with indoor and outdoor pools and a spa, then two nights in medieval Sarlat
- Two of France's most beautiful villages on foot: La Roque-Gageac beneath its cliff and the hilltop bastide of Domme, with its view over the whole valley
- Food at the heart of it: welcome drinks and canapés, a tasting lunch of local cheese and charcuterie in Domme, a truffle tasting in Sarlat and a private wine tasting with paired dishes
- Gentle days of 4.6 to 15 km (3 to 9 miles), with time in the afternoons for a boat on the Dordogne, the gardens of Marqueyssac or Sarlat's markets
- The car-free Voie Verte greenway into Sarlat, past the Château de Montfort high on its rock
- Your taxi from Sarlat station to the first hotel is included

What we look after for you

A family business. Dordogne Experience has been creating self-guided walking and cycling holidays here for over 40 years. It's owned and run by Cassie, and every route has been walked or cycled by our family.

Hotels we know personally. Small, characterful hotels, many of them family-run and many with a pool, chosen for their welcome and their cooking. On our Dordogne and Lot holidays, Cassie knows every one of them.

Luggage moved for you. You carry only what you need for the day. Your bags are taken on each time you change hotel and are waiting when you arrive.

Easy to follow. Our own detailed route notes, plus GPX tracks for your phone, so you can explore at your own pace with confidence.

Support throughout. Cassie is a phone call or WhatsApp message away for the whole holiday, in English or French, with real local knowledge.

Flexible and private. Just you and your party, with no groups and no fixed departures. Holidays can start on most days from April to October, and we can add extra nights or rest days, upgrade hotels or make a longer version.

Every booking handled personally. Cassie books every hotel, luggage transfer and included taxi herself, and before you go you'll have a welcome letter with everything you need.

Who it suits. Couples and friends who love good food and wine as much as walking, first-time walking holidaymakers, and anyone who prefers comfort and few hotel changes. Easy to moderate.

La Roque-Gageac seen across the Dordogne

The Dordogne valley from the clifftop belvedere in Domme

Bronze statue looking down over Place de la Liberté in Sarlat, with the cathedral spire beyond

YOUR HOLIDAY

At a glance

DAY	ROUTE	DISTANCE	CLIMB	OVERNIGHT
1	Arrival at Le Port de Domme	–	–	Le Port de Domme · Hôtel Le Périgord
2	Circular walk to La Roque-Gageac	7.4 km (4.6 miles)	↑ 200 m (about 650 ft) ↓ 190 m (about 600 ft)	Le Port de Domme · Hôtel Le Périgord
3	Circular walk to Domme	4.6 or 10.7 km (2.9 or 6.6 miles)	↑ 170 m (about 550 ft) ↓ 170 m (about 550 ft)	Le Port de Domme · Hôtel Le Périgord
4	Le Port de Domme to Sarlat	14.2 km (8.8 miles) to La Couleuvrine, 15.1 km (9.4 miles) to La Verperie	↑ 210 m (about 700 ft) ↓ 150 m (about 500 ft)	Sarlat · Hôtel La Couleuvrine
5	Circular walk around Sarlat	8.3 km (5.2 miles)	↑ 180 m (about 600 ft) ↓ 180 m (about 600 ft)	Sarlat · Hôtel La Couleuvrine
6	Departure	–	–	–

Climbs shown where we've measured the route.

IN DETAIL

Day by day

DAY 1

Arrival at Le Port de Domme

Dinner included | Included: Welcome drinks and canapés

Arrive in Sarlat, where your included taxi takes you to Hôtel Le Périgord, set in a quiet, tree-lined park at the foot of the Domme hillside. There's time to settle in and swim in the indoor or outdoor pool, or book the hot tub, sauna or a treatment. At 6.45pm we welcome you with wine and canapés on the bar terrace before dinner.

Tonight: Le Port de Domme · Hôtel Le Périgord

Hôtel Le Périgord in its park at Le Port de Domme

DAY 2

Circular walk to La Roque-Gageac

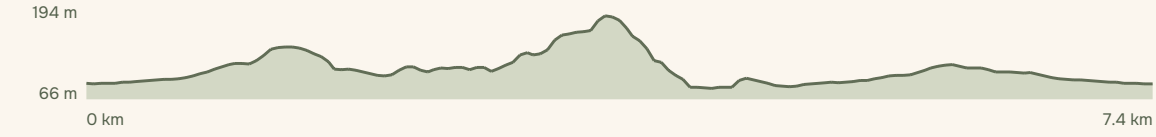
7.4 km (4.6 miles) | ↑ 200 m (about 650 ft) ↓ 190 m (about 600 ft) | Dinner included

Quiet lanes and a rocky clifftop path, with views across to Castelnaud, lead you down to La Roque-Gageac, one of France's Plus Beaux Villages, its golden houses tucked between a towering cliff and the river. Spend the rest of the day as you like: drift along the Dordogne on a traditional gabare boat, paddle a kayak, climb to the medieval fort in the cliff face, or walk on to the hanging gardens of Marqueyssac or the Château de Castelnaud. A gentle lane leads you back to the hotel.

Tonight: Le Port de Domme · Hôtel Le Périgord

The Dordogne below La Roque-Gageac

ELEVATION



DAY 3

Circular walk to Domme

4.6 or 10.7 km (2.9 or 6.6 miles) · ↑ 170 m (about 550 ft) ↓ 170 m (about 550 ft) · Dinner included

Included: Lunch platter in Domme

Climb the old lanes to Domme, a 13th-century bastide perched 150 m (about 500 ft) above the river and another of the Plus Beaux Villages. The view from its clifftop belvedere takes in the whole valley, with your hotel and La Roque-Gageac below. Lunch is on us: a tasting platter of local cheese and charcuterie at Les Caves du Château. Vegetarian platters are available (not vegan): just let us know when you book. Afterwards, explore the cave beneath the market hall, the largest in the Périgord Noir open to visitors, or the Porte des Tours, where imprisoned Knights Templar carved graffiti into the walls. Then there are two ways home: back the way you came (4.6 km (2.9 miles) in all), or the longer way along the river through Vitrac (10.7 km (6.6 miles), the walk on the map).

Domme

Tonight: Le Port de Domme · Hôtel Le Périgord

ELEVATION

DAY 4

Le Port de Domme to Sarlat

14.2 km (8.8 miles) to La Couleuvrine, 15.1 km (9.4 miles) to La Verperie · ↑ 210 m (about 700 ft) ↓ 150 m (about 500 ft)

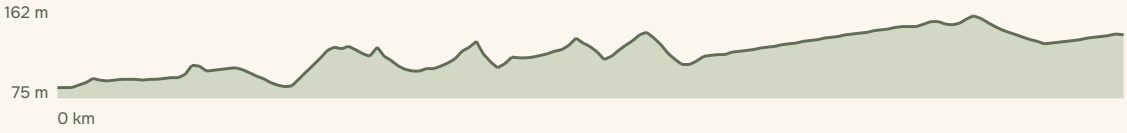
Dinner included · Included: Truffle Museum visit and tasting (today or tomorrow)

The longest walk of the week, and much of it easy going. Farm lanes take you through Vitrac and past the Château de Montfort, high on its rock above the river, then you join the Voie Verte, a car-free greenway built along an old railway line, all the way into Sarlat. Visit the Truffle Museum this afternoon or tomorrow for a tour and tasting of the Périgord's famous "black diamond".

Place de la Liberté, in the heart of Sarlat's old town

Tonight: Sarlat · Hôtel La Couleuvrine

ELEVATION



DAY 5

Circular walk around Sarlat

8.3 km (5.2 miles) · ↑ 180 m (about 600 ft) ↓ 180 m (about 600 ft) · Bed & breakfast, dinner out

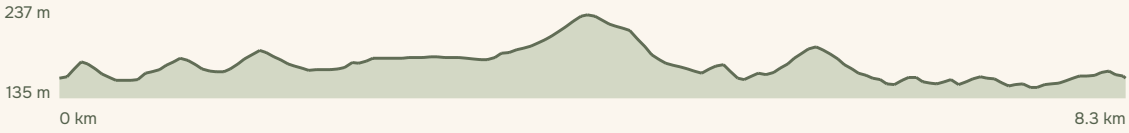
Included: Wine tasting with paired dishes

A loop on quiet lanes and footpaths through the hills around Sarlat, with views over its lauze roofs and spires, before you wind back through the medieval centre: the cathedral, the Lantern of the Dead and Liberty Square. The afternoon is yours: ride the glass lift up the bell tower of the old Sainte-Marie church, now the covered market, browse the shops, or stop at a patisserie. At 6pm (or another time if you prefer), enjoy a private wine tasting in the Cave Chapelle XV at Aux 3 Sens, a beautifully restored 15th-century vaulted cellar that was once a chapel. Each wine comes with a small dish from chef Christian, chosen to go with it, and the dishes change from one tasting to the next. Dinner tonight is your choice of Sarlat's restaurants.

The wine cellar at Aux 3 Sens, Sarlat

Tonight: Sarlat · Hôtel La Couleuvrine

ELEVATION



DAY 6

Departure

Your holiday ends after breakfast.

WALK ALL DAY, EAT VERY WELL

Food along the way

A tasting platter of local cheese and charcuterie in Domme

A glass of rosé and a canapé on the terrace at Hôtel Le Périgord

Dinner at Hôtel Le Périgord: fish with spring vegetables

NO SURPRISES

What's included

Included

- 5 nights' accommodation, sharing a double or twin room
- 5 breakfasts and 4 dinners
- Welcome drinks and canapés
- Lunch platter in Domme
- Truffle Museum visit and tasting
- Wine tasting with paired dishes
- Your arrival taxi from Sarlat to your first hotel
- Your luggage moved on each time you change hotel
- Our detailed route notes
- GPX files by email, with simple instructions for using them on your phone
- Support by phone and WhatsApp throughout your holiday

Not included

- Travel to the start and from the finish
- Other lunches and drinks
- Entrance fees (châteaux, caves, gardens and museums)
- Travel insurance (we strongly recommend it)
- Personal expenses

FROM KEV AND CASSIE

Welcome

Thank you for reading. We plan every holiday ourselves, from the routes to the hotels, and we'd love to help you plan yours. Send us your dates and any questions you have, and I'll be in touch within 24 hours.

Cassie
A family business, owned and run by Cassie.

Cassie created this premium route herself, for people newer to hiking, for those who prefer shorter walks with more time to enjoy the sights, and of course for the foodies amongst us! She has walked every step, tested every hotel and hand-picked the included experiences.

Ready when you are

Tell us when you'd like to travel and we'll check availability and send you a quote, with the full details of your holiday.

Enquire: dordogneexperience.com/book-holiday
Call or WhatsApp Cassie: +44 7476 205 325
Email: hello@dordogneexperience.com
This holiday: dordogneexperience.com/premium-perigord

Scan to enquire about this holiday

Booking and cancelling: A 25% deposit secures your holiday. The balance is due 8 weeks before you travel (book within 8 weeks and the full price is due when you book). Cancelling, in writing: more than 56 days before departure, 25% of the holiday price (your deposit); 56 to 29 days, 50%; 28 to 15 days, 70%; 14 days or less, 100%. Prices are set in pounds, and you can pay in any currency you prefer. Book early for May, June and September. Our hotels are small and often family-run, and they fill first in those months, so the earlier you book, the more choice of dates you'll have. Read the full Terms: dordogneexperience.com/terms-of-service.

Dordogne Experience has been organising walking and cycling holidays in the region for over 40 years.