SELF-GUIDED WALKING HOLIDAY · 8 DAYS

Exploring Rocamadour

8 days · from £975

"A week along the Dordogne to Rocamadour, with two nights there to enjoy it when the day visitors have gone."

Cassie

A week following the Dordogne east and climbing to Rocamadour, the pilgrimage town clinging to its cliff, with two nights there, the great Padirac chasm, two nights in clifftop Loubressac and a last walk to Carennac on the Dordogne.

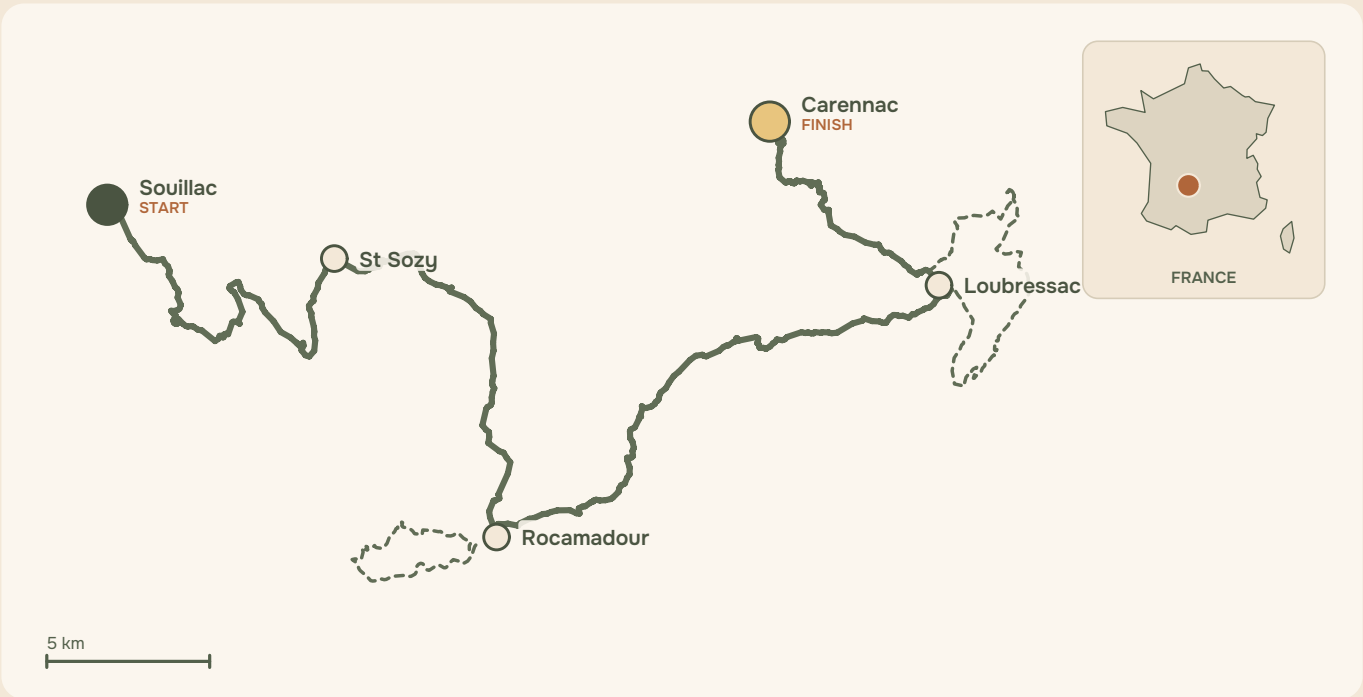
THE ESSENTIALS

Key facts

DURATION	8 days (7 nights)
WALKING EACH DAY	11.2–20.1 km (7–12 miles) Optional walks on days 4 (10.8 km (6.7 miles)) and 6 (20.3 km (13 miles))
ACTIVITY LEVEL	Moderate
DAILY CLIMB	Up to 390 m (about 1,300 ft) Measured from our GPX tracks
START AND FINISH	Souillac to Carennac
OWNED AND RUN BY	Cassie at Dordogne Experience
HOLIDAY STYLE	Self-guided, inn to inn, with your luggage moved for you
SEASON AND START DAYS	April–October Start any day
HOTELS	Often family-run 2-star and 3-star hotels
MEALS	7 breakfasts, 6 dinners
LOCATION	The Dordogne and Lot, France

WHERE YOU'LL GO

The route



Drawn from our own GPX tracks (optional walks dashed). We email you these tracks as GPX files for your phone. Town positions © OpenStreetMap contributors.

Rocamadour and the pilgrims

The Camino de Santiago: the Way of St James, or le chemin de Saint-Jacques

Since the Middle Ages pilgrims have climbed to Rocamadour's sanctuaries, built into the cliff above the Alzou gorge. Rocamadour's Basilica of Saint-Sauveur and the Crypt of Saint-Amadour are part of the UNESCO World Heritage listing "Routes of Santiago de Compostela in France". Two pilgrim routes come through the town: a detour off the Le Puy route (the Via Podiensis, GR 65), which pilgrims leave at Figeac to walk here on the GR 6 before heading on towards Cahors on the GR 46, and the Voie de Rocamadour, which links the Vézelay route to the Le Puy route by way of Collonges-la-Rouge, Turenne and Martel.

Our holiday isn't a pilgrimage, but you arrive in Rocamadour on foot, as pilgrims have for centuries, with your luggage carried and your hotels booked: a taste of the Camino, not the whole thing.

PER PERSON

2027 prices

	8 DAYS 7 nights
Per person, sharing a double or twin	**£975**
Single room supplement	+£280
Travelling solo (on top of the per-person price)	+£340

Prices are per person, sharing a double/twin room. The 8-day holiday (highlighted) is the one described here.

In US dollars	about US$1,290
In Canadian dollars	about C$1,840
In Australian dollars	about A$1,890
In New Zealand dollars	about NZ$2,330
In euros	about €1,170

Approximate amounts at the 12 November 2026 exchange rate. Prices are set in pounds, and you can pay in any currency you prefer.

WHY YOU'LL LOVE IT

What to expect

A week following the Dordogne east to Rocamadour, the pilgrimage town clinging to its cliff, with two nights there to see it at its quietest, early in the morning and in the evening when the day visitors have gone.

Highlights

- Views over the riverside châteaux of La Treyne and Belcastel, and prehistoric cave dwellings by the river
- Two nights in Rocamadour, for centuries a stop for pilgrims on the way to Santiago de Compostela
- The Gouffre de Padirac and its underground river
- Two nights in clifftop Loubressac, one of France's most beautiful villages, with optional walks to the Château de Castelnau and Autoire
- A last walk down to Carennac on the Dordogne, another of the most beautiful villages, with dinner at the Fénelon, known for its cooking

What we look after for you

A family business. Dordogne Experience has been creating self-guided walking and cycling holidays here for over 40 years. It's owned and run by Cassie, and every route has been walked or cycled by our family.

Hotels we know personally. Small, characterful hotels, many of them family-run and many with a pool, chosen for their welcome and their cooking. On our Dordogne and Lot holidays, Cassie knows every one of them.

Luggage moved for you. You carry only what you need for the day. Your bags are taken on each time you change hotel and are waiting when you arrive.

Easy to follow. Our own detailed route notes, plus GPX tracks for your phone, so you can explore at your own pace with confidence.

Support throughout. Cassie is a phone call or WhatsApp message away for the whole holiday, in English or French, with real local knowledge.

Flexible and private. Just you and your party, with no groups and no fixed departures. Holidays can start on most days from April to October, and we can add extra nights or rest days, upgrade hotels or make a longer version.

Every booking handled personally. Cassie books every hotel, luggage transfer and included taxi herself, and before you go you'll have a welcome letter with everything you need.

Who it suits. Walkers who want a sense of journey and some of France's most spectacular sights. Moderate, 11.2 to 20.1 km (7 to 12 miles) a day.

Rocamadour

Loubressac

Rocamadour

YOUR HOLIDAY

At a glance

DAY	ROUTE	DISTANCE	CLIMB	OVERNIGHT
1	Arrival in Souillac	–	–	Souillac · La Vieille Auberge
2	Souillac to St Sozy	17.2 km (11 miles)	↑ 390 m (about 1,300 ft) ↓ 370 m (about 1,200 ft)	St Sozy · Hotel Grangier
3	St Sozy to Rocamadour	14.1 or 14.8 km (8.8 or 9.2 miles)	↑ 290 m ↓ 140–220 m	Rocamadour · Hotel Bellevue
4	Rocamadour circular walk	Optional 10.8 km (6.7 miles)	↑ 270 m (about 900 ft) ↓ 280 m (about 900 ft)	Rocamadour · Hotel Bellevue
5	Rocamadour to Loubressac	20.1 km (12 miles)	↑ 320 m (about 1,050 ft) ↓ 240 m (about 800 ft)	Loubressac · Le Cantou 354
6	Optional circular walks from Loubressac	Optional 20.3 km (13 miles)	↑ 390 m (about 1,300 ft) ↓ 390 m (about 1,300 ft)	Loubressac · Le Cantou 354
7	Loubressac to Carennac	11.2 km (7 miles)	↑ 250 m (about 800 ft) ↓ 430 m (about 1,400 ft)	Carennac · Hotel Fenelon
8	Departure	–	–	–

Climbs shown where we've measured the route.

IN DETAIL

Day by day

DAY 1

Arrival in Souillac

Dinner included

Make your way to Souillac, a lively old market town on the banks of the Dordogne and an easy journey by train or road from Paris via Brive. If you arrive in good time, wander its old streets and step inside the domed Romanesque abbey church.

Tonight: Souillac · La Vieille Auberge

DAY 2

Souillac to St Sozy

17.2 km (11 miles) · ↑ 390 m (about 1,300 ft) ↓ 370 m (about 1,200 ft) · Dinner included

Great views of the châteaux of La Treyne and Belcastel from high above the river valley, then a descent to a riverside path that passes prehistoric cave dwellings on the way to the timeless old village of St Sozy.

Tonight: St Sozy · Hotel Grangier

ELEVATION

DAY 3

St Sozy to Rocamadour

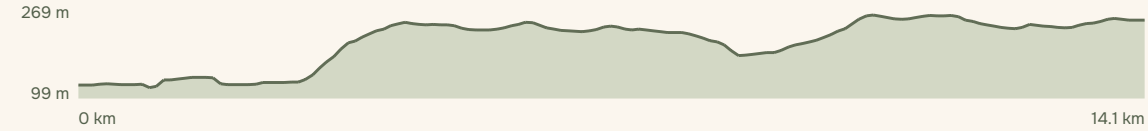
14.1 km (8.8 miles) · ↑ 290 m (about 950 ft) ↓ 140 m (about 450 ft) · Dinner included

Through pleasant woods and fields, with glimpses of the Auvergne mountains on a clear day, to Rocamadour, spectacularly set in its rocky valley.

Tonight: Rocamadour · Hotel Bellevue

Rocamadour

ELEVATION



DAY 4

Rocamadour circular walk

Optional 10.8 km (6.7 miles) | ↑ 270 m (about 900 ft) ↓ 280 m (about 900 ft) | Bed & breakfast, dinner out

Today's suggestion is the circular walk from Rocamadour in your route notes, shown on the map below. Or skip it and take the whole day to explore Rocamadour, an important religious site since its beginnings and a stop for pilgrims on their way to Santiago de Compostela. Tonight is bed and breakfast, so you can choose where to eat in Rocamadour.

Tonight: Rocamadour · Hotel Bellevue

ELEVATION

DAY 5

Rocamadour to Loubressac

20.1 km (12 miles) | ↑ 320 m (about 1,050 ft) ↓ 240 m (about 800 ft) | Dinner included

The route follows the Combe Molière valley to the little village of Gaule and on to Padirac, where the underground river and caverns of the Gouffre de Padirac are well worth a visit. Pleasant sandy paths then lead you to the dramatically sited fortified village of Loubressac.

Tonight: Loubressac · Le Cantou 354

Loubressac

ELEVATION

DAY 6

Optional circular walks from Loubressac

Optional 20.3 km (13 miles) | ↑ 390 m (about 1,300 ft) ↓ 390 m (about 1,300 ft) | Dinner included

Three circular options today: a walk to the magnificent Château de Castelnau, with lunch at its restaurant, Les Remparts; a walk to Autoire, with its gentlemen's houses and a climb up the cirque, the rock amphitheatre above the village; or, for the energetic, one that takes in both. It's up to you on the day: the castle, Autoire, both, or a shorter, easier day. The map shows the walk that takes in both; your route notes have all three.

Tonight: Loubressac · Le Cantou 354

ELEVATION

DAY 7

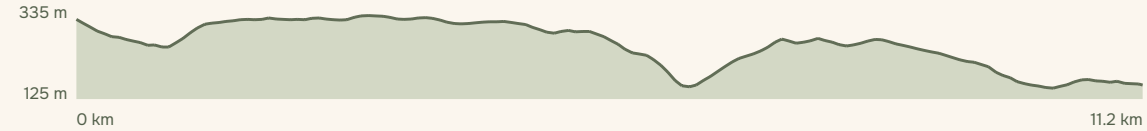
Loubressac to Carennac

11.2 km (7 miles) · ↑ 250 m (about 800 ft) ↓ 430 m (about 1,400 ft) · Dinner included

From clifftop Loubressac you walk down to the Dordogne at Carennac, one of France's most beautiful villages. Take your time in its winding streets, and there's a swimming pool for a cooling dip. Dinner tonight is at the Fenelon, which is known for its cooking.

Tonight: Carennac · Hotel Fenelon

ELEVATION



DAY 8

Departure

Your holiday ends after breakfast. For the journey home, your hotel can book you a taxi to the station at Brive or Souillac.

WALK ALL DAY, EAT VERY WELL

Food along the way

Rocamadour

Duck confit on a bed of golden sautéed potatoes

Loubressac

NO SURPRISES

What's included

Included

- 7 nights' accommodation, sharing a double or twin room
- 7 breakfasts and 6 dinners
- Your luggage moved on each time you change hotel
- Our detailed route notes
- GPX files by email, with simple instructions for using them on your phone
- Support by phone and WhatsApp throughout your holiday

Not included

- Travel to the start and from the finish
- Lunches and drinks
- Entrance fees (châteaux, caves, gardens and museums)
- Travel insurance (we strongly recommend it)
- Personal expenses

FROM KEV AND CASSIE

Welcome

Thank you for reading. We plan every holiday ourselves, from the routes to the hotels, and we'd love to help you plan yours. Send us your dates and any questions you have, and I'll be in touch within 24 hours.

Cassie
A family business, owned and run by Cassie.

This route has been walked by our family, and every hotel is one we know.

Ready when you are

Tell us when you'd like to travel and we'll check availability and send you a quote, with the full details of your holiday.

Enquire: dordogneexperience.com/book-holiday
Call or WhatsApp Cassie: +44 7476 205 325
Email: hello@dordogneexperience.com
This holiday: dordogneexperience.com/rocamadour

Scan to enquire about this holiday

Booking and cancelling: A 25% deposit secures your holiday. The balance is due 8 weeks before you travel (book within 8 weeks and the full price is due when you book). Cancelling, in writing: more than 56 days before departure, 25% of the holiday price (your deposit); 56 to 29 days, 50%; 28 to 15 days, 70%; 14 days or less, 100%. Prices are set in pounds, and you can pay in any currency you prefer. Book early for May, June and September. Our hotels are small and often family-run, and they fill first in those months, so the earlier you book, the more choice of dates you'll have. Read the full Terms: dordogneexperience.com/terms-of-service.

Dordogne Experience has been organising walking and cycling holidays in the region for over 40 years.

IN THEIR WORDS

What our guests say

"Our group of 4 had a wonderful 7 days of walking across the Dordogne and Lot régions. The landscape was beautiful and each village we visited was even more charmingly French than the previous. We had a couple of small problems, but Cassie was immediately on hand to cheerfully sort us out! I highly recommend this way of travelling."

Allana · Sydney, Australia · Exploring Rocamadour · September 2026